

## Tennessee Walking Horse

The Tennessee Walker is established in the 19th century by mixing several breeds like the Morgan, Naranganset Pacer, Standardbred and Thoroughbred.



The Walking Horse is bred to be ridden, driven and perform light farm work. They also became very popular with Southern plantation owners. The most prominent characteristic of Tennessee Walkers is their smooth flatwalk and runningwalk. It is a square four-beat gait with a gliding motion, and a bobbing of the head accompanying each step. Traveling at speeds from 6 to 12 miles per hour (9 to 18 kilometers), Walkers can sustain these gaits for long distances without fatigue to themselves or their passengers.

## Breeding

Pleasure Gaits is well known in the gaited horse scenery and breeds Tennessee Walking Horses since 1999. Our stallions and mares have been carefully selected on disposition, conformation and gaits. In our breeding we strive to preserve the original Walking Horse type. We import mares from the USA on a regular base in order to create a variety of bloodlines. Our stallions possess old bloodlines and



a human oriented character. They are available to a limit number of outside gaited horse mares. All our horses and their offspring have been TWHBEA registered and carry an equine passport and DNA profile.



## Natural Horse keeping

Our location is spread over several lots around our house containing 3 hectares in total. Next to the various pastures we also created paddocks, each with a shelter.

The hayrack, water trough and mineral block is placed on different parts of the paddock in order to stimulate natural movement of the horses. Social contact is very important. Therefore we keep our horses in bands including our stallions. All horses are pastured daily.

Pleasure Gaits has a beautiful terrain excellent for raising our young stock. The manure is removed daily from the paddocks to avoid weed and to keep the risk of worm infections to a minimum. Our deworming schedule is based on worm egg count of the manure. This is our way to keep our horses as natural as possible and to strive for harmony, balance and partnership.



## Workshops

Sandra van den Hof has been involved with gaited horses for over 15 years. Started as a hobby organizing and giving a single clinic or demonstration resulted into a business of hosting workshops, guiding people, teaching Centered Riding® lessons and gaited horse training.

The (for us) obvious way of respectful treatment of horses became a dedication to teaching horses and riders to enjoy each other without artificial barriers. The positive training methods at Pleasure Gaits are applicable to any breed of horse, any age rider, and any riding style. Above all, harmony, balance and partnership is at the top of our wish list when working with horses.



## Centered Riding

Centered Riding® is an innovative teaching philosophy that emphasizes body awareness, the value of a soft eye, correct breathing, centering and balance. Riding from your center allows the horse and its rider to ride in harmony and to move together without barriers and comfortably. The result is a rider with a relaxed posture and horse that moves freely.

Sandra van den Hof is Centered Riding® instructor since 2007 and specialized in combining Centered Riding® and gaited horses. The technique of Centered Riding® is used in both the workshops, riding lessons and training of horses at Pleasure Gaits.



## Producten



### HorseHairJewelry

Born and raised as “the jewelers daughter” with a passion for horses resulted in 2005 in an unique line of golden and silver horsehair jewelry.

These creations of horsehair are

beautiful products of nature and a great way to carry your horse close to you for eternity. Each creation of our jewelry is handmade by our gold smith who has years of experience in this territory. See our collection at [www.horsehairjewelry.eu](http://www.horsehairjewelry.eu)

### The Bitless Bridle

When keeping your horse naturally you also look for a respectful approach under saddle. We found a great product for riding with the Bitless Bridle. Experience the cross over bridle designed and patented by Dr. Robert Cook and order it through our website [www.bitlessbridle.eu](http://www.bitlessbridle.eu)



### Rhythm Beads

Rhythm Beads are not just another invention on the market but an old tradition from the Native Americans.

We located someone in the USA who makes these gorgeous beads by hand according to the tradition of the Indians. Since 2007 we import and distribute Rhythm Beads for Europe excl. the UK. Out of respect for the Native Americans, their culture and spirituality, we only sell Rhythm Beads out of the land of origin. [www.rhythmbeads.eu](http://www.rhythmbeads.eu)



## Contact

We are centrally located in a beautiful area of the Belgium “Lage Kempen”.

We can be reached easily from countries around us: 45 minutes from Eindhoven and Maastricht (NL), 1 hour from Aachen (G) and also 1 hour from our capital city and airport Brussels.

Due to our diversity of work we work on appointment only. Feel free to contact us for more information about our horses and or products.



## Pleasure Gaits

### Walking the way of the horse

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In friendship associated with **EquiFyt**



Breeding



Training gaited horses



Workshops

Centered Riding

## Pleasure Gaits

### Tennessee Walking Horses